

2023 The Rules for Sorting and Disposal of Household Garbage and Recyclable Garbage

Be sure to write your name on the official garbage bags. Please refer to this information along with the Garbage Collection Calendar.
Commercial garbage cannot be disposed of at a garbage collection station (gomi station).

Garbage Reduction Slogan... 『3R』

- ① Use your ingenuity to reduce garbage. **Reduce**
- ② Use the same items repeatedly. **Reuse**
- ③ Recycle items as resources. **Recycle**

The city distributes the garbage sorting application "San-aru".

※ The use of the application is free. (Users need to cover their own internet connection charges.)

(1) For iPhone Users
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(2) For Android Users
Android is a trademark of Google Inc.

Classification	Method of Disposal	Garbage Type	Main Items	Notes
Burnable Trash	Official Garbage Bags (30L-15L)	Kitchen Scraps	Rice bran, Sake/soy milk cartons etc. with an aluminum coating inside, Tea leaves, Shells	When putting out kitchen scraps, be sure to drain well and wrap them in newspaper or such. Sharp items such as chopsticks and skewers should be broken so as not to be dangerous. There is a subsidy system for people buying machines for the disposal of kitchen scraps and/or tree prunings (Please refer to the garbage collection calendar for details).
		Wood Offcuts	Wood offcuts, Wooden boards etc.	Items such as wooden boards and furniture should be made into bundles of approximately 50cm long and 30cm across, with an official garbage bag attached. If there is more than one bundle, attach an official garbage bag on top of one bundle, then put a name tag on each of the other bundles. If an item cannot be made into the size mentioned above, please take it directly to the Matsumoto Clean Center (fees apply).
		Bedding Others	Futons, carpets, rugs, Diapers, Pet droppings, Oil paper, Cellophane paper, Cloth Wallpaper, Carbon paper, Polyethylene processed paper, Thermal paper etc.	Only futons and carpets in official garbage bags can be disposed of at a garbage collection station. If they can't be fit into the official garbage bag, please take them directly to the Matsumoto Clean Center. Please remove the control unit of electric blankets and electric carpets (control units are to be disposed of as a small electric appliances). Please remove the content of diapers when putting them out as garbage (flush it down the toilet). Plastics except recyclable plastics including large plastics, please put them out as burnable trash if they are dirty, or have solid remainings.
		Fallen leaves Pruned trees	Fallen leaves, Tree Prunings (of a thickness of under 5cm, they should be made into 50cm long bundles), Grass, Flowers, Tree Prunings: Check the reuse and recycle section of bottom right	If there is more than one bundle, attach an official garbage bag to one bundle, then put name tags on the rest of the bundles. An official garbage bag (with red writing) for burnable trash can also be used. Prickly trees and branches should be wrapped in newspaper or such.
Crushable Garbage	Official Bag for Crushable and Landfill Garbage (90L-45L)	Composite Products	Child car seat, Floor chair, Vacuum/Insulated flasks, Framed mirrors (mirrors without a frame should be disposed of as landfill garbage), Umbrellas, Staplers etc., Razors, knives (kitchen knives, sickles and scissors should be disposed of as metal resources), Suitcases, Gas range splatter guards (Example), Aluminum foil cooking containers, for Nabe/yaki/Udon or such, Glass Cap with a metal frame	Please circle "破砕" (hasai-Crushable garbage) on the garbage bag. Razors etc should be disposed of safely by wrapping the blade part with paper or such. Crushable Garbage should not exceed 80cm in length. If it doesn't fit in the bag, please attach the official garbage bag to the item. (If the item size is bigger than the size mentioned above, please take it directly to the Matsumoto Clean Center.)
		Glass Ceramics	Glass (including heat resistant glass), Non-transparent cosmetics and ointment bottles or such, Vases, Glasses, Bowls, Cups, Plates, Plastic covered pickling weights, Magnets	Please circle "埋立" (umetate-landfill garbage) on the garbage bag. Broken items should be put in cardboard boxes or such so as not to tear the garbage bag. Write the contents on the box, and put it in the official garbage bag. Ceramic tablewares are reusable and recyclable. Please check the reuse and recycle section of bottom right.
Recyclable Plastics (100% plastics)	Official Bag for Recyclable Plastics (45L-30L)	Plastics should not exceed 30cm in length (except solid ones of 5mm or more)	Items Classified as Plastic Packaging and Containers: Bottles, Nets, Food trays, Cups, Packets, Tubes of mustard, mayonnaise, etc., Lids, Labels, Plastic bags, Food wrap, Packing material (Styrofoam etc.)	Notes on disposal method. Put items directly in the official garbage bag as they are. Please don't use additional bags. Cup nurdle containers: after lightly washing with water if nothing is left. Ketchup and mayonnaise containers: after lightly washing with water. Potato chips bag with a little oil content: if chips are completely taken out, Plastics with solid matters or hard smell should be dispose of as burnable. Should not dispose of as recyclable plastics: Rubber products such as masks, Rubber hoses, Rubber gloves, Masks, PET Bottles, Transparent PET bottles, Rechargeable batteries, Products with rechargeable battery, Small electric appliances or Electronics retail stores, Brazes, Cutlery such as Scissors, Medical supplies of the fear of infection, Crushable Recyclable, Return to the Medical Institutions, Burnable Trash
		Large recyclable Plastics of 30cm in length or more	29 Items of Large Plastics: Kitchen ware (tray, sieve, colander, pickles bucket, cutting board, drainer basket, child water container) Bath goods (bath lid, bath chair, bain, baby bath) Cleaning & Laundry goods (laundry basket, dustpan, bucket) Furniture & Home goods (shopping basket, trash can, lightning cover, plastic tank, letter case) Gardening goods (flower pot, planter, watering can) Containers (costume container, container, shoes box, documents case), Leisure goods (cooler box, sled) Car goods (wheel cover)	Out of 29 items designated as Plastics 30cm or less <such as> Plastic tank, Costume container, Buckets, Garbage cans, Planters, Dustpans
Recyclable Materials	Official Bag for Recyclable Materials Used in the Community	Paper Materials	Newspapers, Other paper materials (magazines, books, flyers/brochures including cardboard items such as snack and other boxes), Cardboard boxes, Milk and juice cartons (Wash, cut open, dry and put them together in a bundle as you put them out.)	Tie them criss-cross in each category with either a paper string or vinyl string. Flyers should be separated from newspaper and put together with magazines. Paper items with strong smell (such as boxes of soap, bath salt and incense) or dirty paper items should be disposed of as burnable trash. Cardboard items such as snack boxes should be disposed of along with other paper items. When putting out in a paper bag, sort the garbage properly, tie the bag with a string so as not to have the contents come out of the bag, and don't include non-paper items. Also, don't use a non-paper bag. Paper items that cannot be disposed of as recyclable materials (should be disposed of as burnable trash) (photos, albums, Japanese washi paper, aluminum coated paper, thermal paper, carbon paper, waterproof paper etc. should be disposed of as burnable trash).
		Metals	Aluminum Cans (If recognizable aluminum lids should be put with aluminum), Steel Cans (cans and lids of canned food), Steel lids and other unrecognizable lids, Other metals (Fluororesin processed products (Teflon/non-stick items), Enamelware), Motorbikes, scooters (under 50cc) (Batteries and gasoline must be removed.), Bicycle (Battery needs to be removed if electric), Knives, blades, Kerosene heater (Batteries and kerosene need to be removed.), Fan heaters (Kerosene needs to be removed.), Gas cookers, Water heaters	Rinse inside cans, sort them into aluminum and steel cans, then put them in the official bag used in the community. Even if an item is rusted, put it out as recyclable metal. However, if the degree of rust is serious (crumbles easily in your hand), the item should be disposed of as landfill garbage. Write "資源物" (shigen-butsu, recyclable material) on a tag or such, and put it on the bicycle or motorbike. Contact sales outlet for batteries of electric bicycles and electric tools. Kitchen knives, sickles, scissors are recyclable metal materials. For other metals, they don't need to be put in a bag. If a bag is required, please use a transparent plastic bag.
		Cloth	Cotton, synthetic fiber E.g.: Clothes, curtains, blankets, sheets, towels, etc.	Be sure to put items in a transparent bag. Don't put them out on rainy days. When they will become moldy, we cannot recycle them. Underwear, socks, clothes with down or cotton should be disposed of as burnable trash.
		Refillable Bottles	(Bottles produced by Kirin, Asahi, Sapporo and Suntory) ※Coca-Cola bottles are excluded. (1.8L Japanese Sake Bottles)	Tie bottles to avoid fall and put them in an upright manner. If there is a case, the case can be used instead (but not wood case). Refillable bottles should be returned to a sales outlet as much as possible. Broken bottles should be disposed of as ordinary glass bottles (雑びん, zatsubin; sort them by color when putting them out). Empty out and rinse them inside before putting out. Metal Lids → If recognizable as aluminum Put it out as aluminum → If unrecognizable Put it out as steel Plastic Lids → recyclable plastics - Bags used to bring bottles should be taken back home.
Small Electric Appliances (Recyclable Materials)	Put Them in Official Containers	Ordinary Bottles (food and drink bottles, cosmetic bottles)	Colorless and transparent bottles Put them in a white collection container. Brown color bottles Put them in a brown collection container. Bottles of other colors Put them in a blue collection container.	Bottles that can't be rinsed clean with water should be disposed of as landfill garbage. Bottles of locally produced beer should be disposed of as ordinary bottles. Inner plugs that are difficult to remove can be disposed of as they are. Jars for preservation such as plum pickles and fruit wine should be disposed of as ordinary bottles. Please sort bottles into three colors and put them in each container. Bags used to bring bottles to the collection station should be taken back home. Bottles of such as cosmetics and ointments with no transparent bottle necks should be disposed of as landfill garbage.
		PET Bottles	PET bottle refers to colorless, transparent PET bottles with recycle symbol. Recyclable Plastics. Lids and labels should be removed and disposed of as recyclable plastics. Colored PET bottles and PET bottles that are cut should be disposed of as recyclable plastics.	Handles, rings etc that are attached to PET bottles don't need to be removed if difficult to do so. Remove lids and labels of PET bottles (lids and labels should be disposed of as recyclable plastics). Colored PET bottles should be disposed of as recyclable plastics. Dirty PET bottles should be disposed of as burnable trash.
		Florescent Lights Batteries Thermometers Spray Cans Lighters	Florescent lights (including LEDs), Thermometers (Electric thermometers should be disposed of as small electrical appliances), Florescent lights, thermometers, Batteries (Don't put them in a bag), Gas cartridges, spray cans, Lighters	Broken florescent lights should be disposed of in a bag or such. Batteries should be removed from any bags or such and put as they are into an official collection container. The city will not collect LR type batteries (used for security buzzers etc.), PR type batteries (used for hearing aids etc.), and SR type button batteries. Please take them to a sales outlet or such. Small chargers with a recycle symbol are to be put into a recycle box for rechargeable batteries at a sales outlet. Before putting them out for collection, be sure to use up spray cans and gas cartridges outside in a well-ventilated area without fire. Piercing a hole is unnecessary. Before putting them out for collection, be sure to use up the gas inside of lighters outside in a well-ventilated area without fire.
		Small Electric Appliances	Rice cooker, Lighting equipment, Vacuum cleaner, Video cassette recorder, Printer, USB devices, SD cards, Cords, adapters, Clocks, Calculators, Controllers, Cameras, Mobile phones, Hair dryers, Irons, Toasters, coffee makers, Electric kettles, Electric heaters (Kerosene and gas heaters should be disposed of as recyclable materials (metals)), Irons	Large machines, equipment, and musical instruments are to be directly taken to the Matsumoto Clean Center. (E.g.: massage chairs, treadmills, electric organs, etc.) Delete any data on information holding equipment. For electric carpets and blankets, only its controller (including the cord) is to be collected. The main part should be folded and disposed of as burnable trash. Kerosene and gas heaters (kerosene heaters, oil heaters, fan heaters) are to be disposed of as recyclable materials (metal). Florescent lights and light bulbs need to be removed from lighting equipment. Items that are subject to the Home Appliance Recycling Law (TVs, air conditioners, washing machines, clothes dryers, refrigerators and freezers) cannot be collected by the city. (Please process them as stated below.) Remove batteries. If a battery of a thermometer can't be removed, put it out as it is. Heating units of kotatsu tables should be disposed of as small electric appliances if they can be removed from the table. If the heating unit can't be removed, put it out with the table with the crushable garbage. The legs should be disposed of as burnable trash. Household appliances that use refrigerants (such as Freon) can not be put out.
Oil/Recyclable Material	Containment at an Official Facility	Cooking Oil Used for Deep Frying	Collection Places: City's branch offices, local community halls (kominkan), welfare centers (fukushi hiroba): Daisan Area, Joto Area, and Kotobuki-dai Area, the Conservation Protection Division of the City Office, Matsumoto Clean Center and the Matsumoto City Recycle Center. Also, AEON Minamimatsumoto collect the oil. How: Bring the used cooking oil used for deep frying, and pour it into the plastic container provided at the collection place during their opening hours.	Take home containers used for bringing oil (such as pet bottles). (Some collection facilities accept oil in bottles brought from home. Be sure not to use paper cartons for this, as the oil may leak from them.) Don't pour in oil with water, machine oil, lard, or fried food remnants. Cooking oil used in restaurants etc is classified as industrial waste, and is not accepted.
		Large-Sized Garbage	Laundry poles (metal) 150yen/pole, Clothes drying stand 780yen/item (1,560yen/set), Sking and snowboarding equipment 260yen/set (boots are burnable garbage), Stereos (Large Size), Desks, Carpet (larger than 4.5 tatami size), Sewing machines (foot-operated), Mattress with springs 1,040yen/mattress, Chair with springs (two seater and larger) 1,040yen/chair, Chair with springs (for one person) 520yen/chair, Bed frames 1,040yen/frame	How to Have Them Collected: 1 Request by phone The Environmental Affairs Division 47-1096 (Direct Line) 34-3000 (ext.532000) 2 Collection date confirmation Confirm the collection date → The garbage will be collected from your house on the official date (collection date). (The garbage will be collected after one week from the day you applied.) 3 Payment The payment slip will be sent by mail. → Please make a payment at a bank/post office near you by the day before the designated collection date. 4 Putting out large-sized garbage (on collection day) Put the receipt on the garbage, and put the garbage near your door in the morning (you don't need to be at home on the day).

Handling of TVs (CRT, LCD, Plasma), Air Conditioners, Washing Machines, Clothes Dryers, Refrigerators, Freezers

Due to the Home Appliance Recycling Law, the city can't collect these items.

Items bought in the past / Items bought as replacements (Payment of the cost to a retail store is required.) → Retail Store

Other Than Those Above (Check the manufacturer and the size of the item, and purchase a recycle coupon at a post office.) → Bringing the item yourself → Contact a company licensed for Matsumoto City's general waste collection and transportation.

Designated Collection Place

Hanamura Sangyo
5-26 Ichiba, Matsumoto City
TEL 29-1288

Nippon Tsuun
4-4 Futaba, Matsumoto City
TEL 27-0836

How to Dispose of PCs

Items with a Recycle Symbol: Contact the manufacturer and recycle the item. (No additional fee required.)

Items without a Recycle Symbol: Laptop Computers, Main Computer Units, Keyboards, PC monitors are to be brought directly to the recycle center (33yen/10kg).

Disposal of a Motorcycle

A motorcycle can be disposed through the "Motorcycle Recycle System" operated by motorcycle manufacturers etc. Where to take them: To the "designated pick-up locations" as designated by manufacturers, or retailers which receive motorcycles for disposal. Motorcycles are to be collected: Motorcycles that are sold in Japan (mopeds, light motorcycles, and small motorcycles). For more details, please contact the "Ninsha (motorcycle) Recycle Call Center" Phone: 050-3000-0727 https://www.jar.or.jp/motorcycle/

Carcasses of Dogs and Cats

Bringing the Carcass Directly to the Matsumoto Clean Center <Fee of 330 yen each applies>

Requesting the Environmental Affairs Division to Collect the Carcass (during business hours) <Fee of 2,200 yen each applies> (under 25kg)

If you wish for a cremation, please contact the Cremation Center (232-1356). (Booking by phone is required.) <Fee applies. Under 30kg: 7,640yen each, Over 30kg: 9,840 yen each> (The Cremation Center is open on Saturdays, Sundays and national holidays, except in the period between December 31st and January 3rd. / Business Hours 8:30am-5pm)

Please contact the Environmental Affairs Division for carcasses of stray dogs and cats found on the road.

Items That Cannot Be Collected by the City

- Take it to the appropriate facility yourself.
- Make a request to a licensed general waste collection and transportation company to collect it.

Items That Cannot Be Handled by the City

- Typical Items in This Category: Syringes, Needles, Agricultural chemicals, Waste oil - Volatile oil, Logs over 30cm in diameter and over 1m long, Construction waste (blocks, plasterboard, roof tiles, etc.), Agricultural machinery, Spot cooling air conditioners, Dehumidifiers (with freon gas), Special Collection (fees apply) Once a year: On the dates specified in the calendar. Tires, Fire extinguishers, Batteries, Gas cylinders

Business Waste

- General garbage from the business activities of such as shops, offices, factories, agriculture, etc. Business waste cannot be put out at a community garbage collection place. Take it to the designated place yourself, or ask a licensed general waste collection and transportation company to collect it. Industrial waste cannot be brought to designated centers.

Reuse and Recycle

- Children's goods: To the designated recycle box. Ceramic tableware: Bring in the collection day once a year. Please contact the Environmental Policy Division (234-3268). The city is promoting people bringing tree prunings to the recyclers below (fees apply). Shimazuguchi Kenetsu 310 Shimazuchi, Matsumoto City 240-4400. Azusa Kanryo Hozen 2019 Hata, Matsumoto City 292-3225.

For Enquiries Regarding the Collection and Sorting of Garbage...

Contact the Environmental Affairs Division (located within the Matsumoto Clean Center)
Direct Line TEL:0263-47-1096 FAX:0263-40-1335
Main Number TEL:0263-34-3000 (Ext.532000)
Matsumoto City Official Website Address <http://www.city.matsumoto.nagano.jp>

If you bring garbage yourself (fees apply)

You need to present your ID. Please bring the garbage either yourself, or ask a licensed general waste collection and transportation company to collect it.

Recyclable Material (31yen/10kg): Papers, metals, refillable bottles, ordinary bottles, cloth, PET bottles, small electric appliances, bed frames (steel)

Landfill Garbage and Other Recyclable Materials Not Mentioned to the Left (110yen/10kg): Shredded paper, paper requiring shredding (Paper shredding is available), Florescent lights, batteries, thermometers, spray cans, lighters

Large-Sized Garbage: Mattress with springs/940 yen, Chair with springs (more than two seater)/940 yen, Chair with springs (for one person)/470 yen

Business Hours

Weekdays/8:30am-4:30pm
Saturdays/8:30am-12:00pm
Closed on Sundays and national holidays.

Matsumoto Clean Center

7576-1, Shimauchi
TEL 47-2079

Burnable Trash
Recyclable Plastics (Large recyclable Plastics)
Crushable Garbage

Large-Sized Garbage (sewing machines, carpet, stereos, desks, skis, snowboards, wooden bed frames) (150yen/10kg)