

The World Health Capital Conference

Matsumoto Declaration

Under the circumstances of the super aging society, maintaining physical and mental health should be the major issue not only for any individual but also for any societies in the world.

It is clear that in order to sustain citizens' sound body and mind, preventive care is essential.

In addition, we must encourage new ways of thinking about health, and improve as well as enhance social infrastructures. Also, strong initiatives will be required for creating new industries in the active super aging society, by wisdom and cooperation of private corporations and academic institutions.

In the 21st century, we trust that our sound body and mind can be maintained through the lifestyle with which each individual would be able to make living by realizing his or her social role, and participating in the society, and living an independent life.

The universal goal of the Sustainable Healthy City is to become a society where every citizen who lives in the super aging community enjoys his or her life with dignity, and each one of them is deemed as an irreplaceable social asset, and therefore, each one of citizen's "Life" and "Existence" are highly respected. We recognize that the above goal shall be shared by any nations and cities, and that where such citizen lives shall be named as the Healthy Capital in the World.

We declare the following seven messages of health city model for sustainable aging society in the 21st century at the occasion of the World Health Capital Conference in Matsumoto.

- Health is an essential base for an active super aging society,
- Health is not only an individual issue but also a social issue,
- Health shall be sustained through an effort of preventive care,
- Healthy society is realized by comfortable living environment and environment friendly urban management,
- Healthy society is achieved by living an independent life, participating in social activities, and feeling an actual self-role in the community,
- Realization of an active super aging society will create variety of new industries,
- Establish close partnerships among citizens, corporations, academic institutes and government administration.

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The World Health Capital Conference in Matsumoto
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